



## Macro **MINERAL** **BOOST**



### Use Macro Mineral Boost to:

- ✓ Stop joint pain
- ✓ Boost immunity
- ✓ Prevent fractures
- ✓ Increase strength
- ✓ Beat osteoporosis
- ✓ Reduce hormonal mood swings
- ✓ Revitalize metabolism
- ✓ Minimize symptoms of histamine intolerance

### ***Why are minerals so important?***

*Soil depletion, herbicides, pesticides, preservatives, artificial colors, phosphates, and heavy metals all either deplete essential minerals or displace them.*

***Fight back with  
Macro Mineral Boost!***



**Experience**  
A *New* LEVEL OF WELLNESS

**GetHardy.com**  
1-855-955-1110

## How does Macro Mineral Boost differ from other mineral supplements?

Minerals are difficult to supplement effectively. Many supplements either use poor forms or leave some of the essential trace minerals out in order to be space and cost efficient. Even though it is more bulky, our NutraTek™ mineral delivery uses organic, bioavailable minerals and it is comprehensive—including all the essential & trace minerals in a balanced formulation.

**Zn C D** Immune boosting

**Cr V** Help regulate blood sugar

**K** Proven to reduce risk of bone fractures

**Mn Cu Mo** Antioxidant and metabolism support

**Fe I Se** Increase energy, vitality, & oxygen delivery

**Na K** Electrolytes for heart and muscle function

**Ca P Mg B Si C D K** Build healthy bones and teeth

**Ni** Great Salt Lake minerals, kelp Trace minerals for joint mobility, brain health, & nerve function

### Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 90

Amount Per Serving		%DV
Vitamin C (as sodium ascorbate, ascorbic acid, and ascorbyl palmitate)	90 mg	100%
Vitamin D (as cholecalciferol)	25 mcg	125%
Vitamin K (as phylloquinone & menaquinone-7)	1200 mcg	1000%
Calcium (as NutraTek™ chelation complex and dicalcium malate)	254 mg	20%
Iron (as NutraTek™ chelation complex)	2 mg	11%
Phosphorus (as NutraTek™ chelation complex)	124 mg	10%
Iodine (as Atlantic kelp)	30 mcg	20%
Magnesium (as NutraTek™ chelation complex, magnesium citrate, and Great Salt Lake minerals)	126 mg	30%
Zinc (as NutraTek™ chelation complex)	7 mg	64%
Selenium (as NutraTek™ chelation complex)	30 mcg	55%
Copper (as NutraTek™ chelation complex)	1 mg	116%
Manganese (as NutraTek™ chelation complex)	1.4 mg	60%
Chromium (as NutraTek™ chelation complex)	91 mcg	260%
Molybdenum (as NutraTek™ chelation complex)	21 mcg	48%
Sodium (as sodium ascorbate and Great Salt Lake minerals)	10 mg	0%
Potassium (as NutraTek™ chelation complex)	35 mg	1%

**Proprietary Blend** 140 mg †  
Great Salt Lake minerals, bamboo leaf extract (a natural source of silica), shilijit extract, Atlantic kelp (*Laminaria digitata*), boron (as boron glycinate and NutraTek™ chelation complex), vanadium (as NutraTek™ chelation complex), nickel (as NutraTek™ chelation complex).

†Daily Value (%DV) not established.

**Other ingredients:** Gelatin capsule (bovine), microcrystalline cellulose.



GLUTEN FREE



NON-GMO



DAIRY-FREE



SOY-FREE



QUALITY PRODUCT

Rev.20-07

## CUSTOMER REVIEWS

### Eliminates pain

My wife and I are certain that Bone Essentials helps us by eliminating some pains in our joints. For me, it is my left ankle...badly sprained a good number of years ago. 3 capsules/day totally eliminates any pain in that ankle. For my wife, the same number of capsules/day makes it possible for her to walk normally, because it eliminates the pain in her right hip.

- Ross J.

### Bone health essentials

An easy to swallow gel pill and leaves no after-taste. That is the bonus. The most important thing is that it is making a positive improvement to my osteoporosis. I took Actonel for 2 years and my bones got worse. After 2 years on Bone Health Essentials my scale went up 2 points. Thank you!

- Miri E.

### Increased strength

I have been taking it with increased leg strength.

- Debra K.

### Awesome!!

I sure notice when I forget to take them...My legs and knees get really achy.

- Shelley D.

### Excellent product

These have helped eliminate my leg and foot cramps. If I skip taking them for too many days, the cramps start again.

- Mary-Rose M.

### Good product

My knees no longer feel painful and stiff with regular consumption of Macro Mineral Boost.

- Fran